



## 2019 ANNUAL BUSINESS MEETING

Saturday, September 21 12:45 – 2:00 pm  
Myrtle Beach, SC

### LUNCH

#### 12:45 – 12:50 Welcome & Introductions

Presiding: Jennie Byrne, M.D., Ph.D., D.F.A.P.A., 2019-20 President

*In Memoriam* (Please stand for a moment of silence in memory and honor of our colleagues):

#### Deceased Members Since Last Meeting

Dietrich Heyder,, M.D.

Randall Purdy, M.D.

Jack Davis, MD

Frederick Cassidy, M.D.

Elizabeth City, NC

Lumberton, NC

Burlington, NC

Durham, NC

#### 12:50 – 12:55 Recognitions

#### 12:55 – 1:00 Approval of 2018 Annual Meeting Minutes

1:00 – 1:05 Annual Membership Report — Alyson Kuroski-Mazzei, D.O., F.A.P.A

1:05 – 1:10 Treasurer's Annual Report — Chris Myers, M.D., D.F.A.P.A.

1:10 – 1:15 Nominating Committee Report — Zach Feldman, M.D., F.A.P.A., Co-Chair

1:15 – 1:20 APA Assembly/Area 5 Report — Samina Aziz, M.B.B.S., D.F.A.P.A.

1:20 – 1:25 Psychiatric Foundation of NC Report – Steve Buie, M.D., D.L.F.A.P.A

1:25 – 1:30 President's Awards – Jennie Byrne, M.D., Ph.D., D.F.A.P.A. and Mehul Mankad, M.D., D.F.A.P.A.

1:30 – 1:35 Legislative Update – Christopher Hollis and Josh Lanier, CS Hollis and Associates

1:35 – 1:45 Remarks by the NCPA Executive Director— Robin Huffman

1:45 – 2:00 Remarks by the NCPA President — Jennie Byrne, M.D., Ph.D., D.F.A.P.A.



## **2018 ANNUAL BUSINESS MEETING**

**Friday, September 28, 12:45 – 2:00 pm**

**Asheville, NC**

Mehul Mankad, M.D., D.F.A.P.A., NCPA President, opened the Meeting with introductions of the members of the Executive Council and NCPA staff. A minute of silence was observed in memory and honor of deceased colleagues and members:

John Boswell, M.D., Chapel Hill, NC  
Rafael Calabria, M.D., Shelby, NC  
Eugene Maloney, M.D., Gastonia, NC  
Ramon M. Rubio, M.D., Winston-Salem, NC

Dr. Mankad then recognized new first-time attendees. He also recognized all of the past NCPA presidents in attendance.

Dr. Mankad formally called to order the Annual Business Meeting and a motion was made and seconded to approve minutes from the 2017 Annual Business Meeting. The motion carried and the minutes were approved as submitted.

The Annual Membership Report was presented by Alyson Kuroski-Mazzei, D.O., F.A.P.A., Secretary of NCPA. Current membership is at 936, compared to 894 in 2017, representing a 5% increase compared to the previous year.

Chris Myers, M.D., D.F.A.P.A., Treasurer of NCPA, submitted the Treasurer's Annual Report for the fiscal year ending April 2018, showing a net gain for the year. The report was approved as submitted.

Don Buckner, M.D., D.F.A.P.A., co-chair of the Nominating Committee with Dr. Mehul Mankad, presented the proposed slate of officers:

President-Elect: Zachary Feldman, M.D., F.A.P.A.  
Vice President: Alyson Kuroski-Mazzei, D.O., F.A.P.A.  
Secretary: Ayesha Chaudhary, M.D., D.F.A.P.A.  
Councilor at Large (South Central Region): Joshua Pagano, D.O., F.A.P.A.  
Councilor at Large (Western Region): Sarah Wells Slechta, M.D., F.A.P.A.  
APA Assembly Rep: Samina Aziz, M.B.B.S., D.F.A.P.A.

Additional nominations were invited from the floor. None were offered. Dr. Mankad reminded the membership that nominations can be provided by petition of 25 members for 6 weeks from the date of the business meeting.

Steve Buie, M.D., D.L.F.A.P.A., presented the APA Assembly/Area 5 Report. APA Assembly Notes were available to all attendees.

Steve Buie, M.D., D.L.F.A.P.A. presented the Psychiatric Foundation of NC Report. He reviewed the work of the Foundation and the various endeavors it supports. In addition to paying Annual Meeting registration fees for all residents who attend, the Foundation has helped lead the NC effort related to the Stepping Up Initiative to reduce the number of people with mental illness in jails. This summer a grant to the Foundation helped train 29 clinicians across the state to become facilitators for Sequential Intercept Mapping exercises for counties interested in Stepping Up. A number of members spoke highly of the value of the Foundation and encouraged greater participation from the membership.

Christopher Hollis, NCPA Lobbyist, provided a legislative report. Mr. Hollis monitors all legislation proposed by and conveys NCPA input to the General Assembly related to issues that impact the practice of psychiatry. He emphasized NCPA's role and value in collaboration with the house of medicine and outlined recent successes.

Robin Huffman, NCPA Executive Director, opened her remarks with greetings from Katherine Hux Catlett, the previous Executive Director for NCPA, and thanking members for their leadership. She highlighted three major issues facing NCPA members—proposed cuts to State Health Plan rates, mandatory enrollment in the NC Health Information Exchange, and reframing the psychiatric workforce shortage. She also announced NC Medicaid's adoption of the Collaborative Care Codes for integrated care—a successful outcome due to efforts by NCPA and President-elect Jennie Byrne.

Mehul Mankad, M.D., D.F.A.P.A., NCPA President, concluded the meeting with remarks. First, he thanked the NCPA membership for the opportunity to lead and serve the Association. Then Dr. Mankad shared his experience being a third-generation physician and wanting to honor his grandfather. Dr. Mankad discussed choosing psychiatry as his specialty to relieve suffering, and how involvement in NCPA and organized medicine has given him the tools to endure. He closed the meeting by thanking active members for their participation.

Dr. Mankad adjourned the Annual Business Meeting at 2:00pm.

North Carolina Psychiatric Association

**Membership Trend Report**  
Changes Since 2009 Annual Meeting

From NCPA Records September 1, 2019

**Membership Status**

	Sep-09	Sep-10	Sep-11	Sep-12	Sep-13	Sep-14	Sep-15	Sep-16	Sep-17	Sep-18	Sep-19	10 Yr Δ	PYΔ
Distinguished Fellow	100	92	87	84	86	82	80	84	77	72	67	-33%	-7%
Distinguished Life Fellow	82	87	91	91	96	102	106	108	107	113	115	40%	2%
Fellow	28	35	41	46	52	64	76	94	103	104	108	286%	4%
General Member	478	502	477	413	415	428	387	366	336	333	348	-27%	5%
Inactive Fellow	14	13	15	15	16	18	18	19	19	20	20	43%	0%
Inactive Member	36	34	35	36	39	39	41	45	43	45	44	22%	-2%
Life Fellow	1	1	4	8	8	11	16	22	25	31	30	2900%	-3%
Life Member	50	58	68	72	74	75	76	70	79	83	97	94%	17%
Resident Fellow Member	149	125	90	74	77	80	92	110	105	135	124	-17%	-8%
<b>Total Members:</b>	<b>789</b>	<b>822</b>	<b>818</b>	<b>765</b>	<b>786</b>	<b>819</b>	<b>892</b>	<b>918</b>	<b>894</b>	<b>936</b>	<b>953</b>	<b>21%</b>	<b>2%</b>

**2019 Annual Meeting Treasurer's Report**  
**North Carolina Psychiatric Association**  
Chris Myers, M.D., Treasurer  
Fiscal Year End Report for Year Ending April 30, 2019

***Overall, for the 2018-19 fiscal year we met budget: our revenue of \$436,880 covered our expenses of \$405,546. We had budgeted a net revenue of \$375 and actually ended the year with net income of \$31,334.***

**Total Revenue:** Our operating income is made up primarily of revenue from membership dues and the annual meeting, with advertising and small grants making up a small part of the revenue.

1. **Annual Meeting:** Our 2018 meeting, was strong financially. We generated **\$222,780** gross revenue, compared to **\$187,000 budgeted** and **\$194,000 PY**. Our exhibit revenue was very strong despite having to turn away exhibitors due to space limitations at the hotel. The **\$132,058 net revenue** contributed to our year-end surplus and was our most financially successful meeting in history.
2. **Membership Dues:** We collected **\$190,259** this fiscal year, compared to **\$190,000 budgeted** and **\$196,683 PY**. Dues revenue has been decreasing over the past several years, despite membership numbers increasing year after year. One factor that we believe is contributing is the number of "life" members who receive reduced and exempt dues is increasing. The APA Assembly has voted to approve replacing the Rule of 95 with retired and semi-retired categories beginning with the 2022 dues year. We will continue to monitor the impact of APA membership policy and our aging membership on our dues collection.
3. **Other Revenue:** Proportionately, advertising income and special projects make up a much smaller percentage of NCPA revenue. Collectively YTD, total "other" revenue **was \$23,841 CY** compared to **\$21,548 PY** and compared to **budget of \$24,500**. We believe some of the advertising revenue is impacted, but offset, by Annual Meeting exhibit "packages" that offer advertising as incentives.

**Expenses:** As of April 30, 2019, total expenses of **\$405,546** were above budget (**\$401,125**) and below prior year (**\$405,552**). These expenses reflect annual meeting costs, lobbyist and professional fees, payroll expenses, and "general operations"—rent, postage, telephone, supplies, property taxes and insurance, travel, newsletter, etc. Salary, wage, and benefit and annual meeting are the two largest expense categories for the association.

1. **Annual Meeting:** Costs for the Annual Meeting vary, based on the specific venue and banquet costs and the number of attendees and exhibitors. Our 2018 expenses of **\$90,722** were higher than budget **\$85,050** but lower than prior year's costs of **\$91,537**. Some of the higher costs are due to the increased revenue from exhibitors; others were related to higher AV and banquet costs.
2. **Professional Fees:** This category includes the costs for our outside accountant and lobbyists. Expenses of **\$27,000** were higher than prior year's **\$26,900** and lower than budget of **\$29,000**.
3. **Salary Wage & Benefit:** These line items of the budget include salaries for our very PT accountant and 3 office employees, payroll and withholding taxes, payroll processing fees, and benefits. Our expenses of **\$223,366** are slightly lower than budgeted (**\$223,409**), lower than PY (**\$228,890**).
4. **General Operation:** The rest of the expenditures are described here as general operation. Some of these costs are fixed, some fluctuate due to the expense of producing an activity, service, or publication. NCPA held its **expenses of \$64,458** above budget (**\$63,666**).

**Net Assets:** NCPA's total current assets as of April 30, 2019 are **\$687,603**, compared to **\$573,721 PY**. This figure includes cash and cash equivalents on hand, as well as our investments.

## MEMORANDUM

To: NCPA Executive Committee

From: Mehul Mankad, M.D., and Zach Feldman, M.D.,  
Co-Chairs, NCPA Nominating Committee

Date: August 20, 2019

Re: Slate of Officers for 2020-2021

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The Nominating Committee has met and presents the following names as its recommendation for the NCPA 2020-2021 slate of officers. They will appear on the ballot that will be mailed to all members in January 2020. All of these members and prospective officers are willing to serve.

President-Elect	<b>Alyson Kuroski-Mazzei, D.O., F.A.P.A.</b>
Vice President	<b>Michael Zarzar, M.D., D.F.A.P.A.</b>
Treasurer	<b>Elise Herman, M.D., F.A.P.A.</b>
Councilor at Large (Eastern Region)	<b>Michael Smith, M.D., D.F.A.P.A.</b>
Councilor at Large (North Central Region)	<b>Aarti Kapur, M.D.</b>
APA Assembly Rep	<b>Steve Buie, M.D., D.L.F.A.P.A.</b>
APA Assembly Rep	<b>Scott Klenzak, M.D.</b>

The current President-Elect, **Zachary Feldman, M.D., D.F.A.P.A.** was voted into his position in the 2019 election and will begin his term as President in April 2020, at the end of the APA Annual Meeting in Philadelphia.

The Nominating Committee recommends the immediate appointment of Scott Klenzak to fill NCPA's fourth APA Assembly Representative position, for the November 2019 and May 2020 meetings.

The Bylaws allow for nominations to be received from the floor during the Annual Business Meeting and by petition within 6 weeks of the meeting (November 4).

We would like to thank the members of the Nominating Committee for their efforts in addressing this leadership development task: Elise Herman, M.D., Amba Jonnalagadda, M.D., Scott Klenzak, M.D., and Jack Naftel, M.D.

## **APA Assembly report for NCPA 2019**

The APA assembly is the advisory body to the APA board of trustees. NC has had three representatives Dr. Samina Aziz, Dr. Steve Buie and Dr. Manny Castro and we have a fourth representative starting this year Dr. Scott Klenzak.

The assembly met twice this year in November and May. Area 5 which consists of states from Texas to West Virginia and includes NC met this March in Raleigh. Assembly notes at your tables will give you a sense of the work of the assembly.

In addition to the APA position statements the Assembly reviews action papers. This year the issues highlighted included MOC, Climate change, Scope of practice issues, treatment of immigrants and residency training issues. APA website can also allow you to review and track the progress of any of these action papers. At the November Assembly meeting 49 action papers and 16 position statements were reviewed.

NCPA has supported an action paper I authored to consider reduction in dues for members who also have memberships in ACROSS organizations. That paper has passed the assembly, made it through the JRC and is being reviewed by the membership committee. It is anticipated that the JRC will review the membership committee's recommendations this October.

The next meeting of the APA assembly will be in November in Washington DC. Please contact any of us either with questions about any action papers or in general about the work of the assembly.

It is an honor to represent NC at the assembly. Thank you for this privilege.

Respectfully submitted,  
Samina Aziz M.B.B.S., D.F.A.P.A.

# APA Assembly Notes

May 2019

*This digest of events during the May Assembly meetings held in San Francisco, CA summarizes oral presentations and action items of the Assembly. Many other reports presented in written form can be found in the Assembly Packet. It is best to download or read these notes online, but may also be printed and distributed in hardcopy (without access to the web links). You may use it as is, or edit and modify the content to suit your particular needs. Any errors or omissions are to be considered unconscious. Corrections and suggestions may be sent to [Adam Nelson, M.D.](#)*



## Speaker's Welcome — James R. Batterson, M.D.



Dr. Batterson welcomed everyone to San Francisco where, he noted, both he and Seeth Vivek, MD met their eventual spouses when they both attended the APA Annual Meeting in 1993. Several candidates who ran this past year or currently hold national offices in the APA have served in the Assembly. We have an extremely full agenda with 46 Action Papers and 16 Position Statements, but he assures us that he has a plan to get us through the entire agenda.

## Treasurer Report — Gregory W. Dalack, MD

APA had a net loss in 2018 compared to a net gain in 2017. Most of the losses were attributed to investments. Several income centers still managed to have net gains, but net expenses were also higher in 2018. Similarly, APA Foundation had net losses in 2018 compared to net gains in 2017. Current financials in 2019 are ahead of pace for 2018, led by increases in APA Annual Meeting registrations. Based on the Action Paper approved by the Assembly requesting report out on APA and APAF investment in fossil fuels, this information is available in our Assembly packet. The Investment Oversight Committee is studying the Assembly's proposal to divest of fossil fuel investments and will be making its recommendations to the BOT later this year. There is a complete report in the Assembly packet.



## APA President-Elect — Bruce Schwartz, MD



Dr. Schwartz reported that the Council on Healthcare Systems and Financing, in response to an Action Paper passed by the Assembly last year, has begun to develop a tool to assess the level of treatment intensity required for adequacy of care. Also, given the outcome of the recent landmark case in California of [Wit v. UnitedHealthcare](#), the Council on Quality of Care is also developing standards of acuity of patient care. The psychiatrist workforce deficit is getting worse as older "baby-boomer" psychiatrists move toward retirement. In the next decade, the shortage of psychiatrists is expected to exceed 15,000. This will adversely impact efforts to achieve and maintain parity of psychiatric care. Innovations will improve access to care, but will fall short of resolving it. As the problem grows, expect non-MD providers to seek greater autonomy and increased scope of practice toward prescriptive authority.

## APA President — Altha Stewart, MD

Dr. Stewart has worked closely this year in collaboration with Dr. Batterson. The actions taken recently by the APA Assembly challenge APA leadership to be better as leaders. Her legacy as APA President has been to encourage and mentor young psychiatrists to become more active in the organization in the past year. MOC remains a problematic issue for many members. APA is working hard to resolve issues with the ABPN. Being president of the APA for the past year has been one of the top five highlights of her life. Dr. Stewart offers her thanks for the support of the Assembly and for the work we do.



## **American Psychiatric Association Foundation — Saul Levin, MD, MPA, Chairperson/Chief Executive Officer and Medical Director & Daniel Gillison, Jr., Executive Director**

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The APAF remains committed to funding APA fellowships. This year drew 69 fellows, including 48 women and 21 men, from 43 institutions for a total of 108 fellows currently. Foundation activities at this year's APA Annual meeting include a historical training track, several video recording booths offering attendees a chance to share their views on psychiatry, hosting the APA Mind Games, including a special 175<sup>th</sup> Anniversary edition, and of course, the APA's 175<sup>th</sup> Anniversary Gala at San Francisco's City Hall. APAF now offers several ways to donate, including texting 'APAF2019' to 44321, a silent auction to be held during the Annual Meeting, or you can always [Adopt-A-Book](#) at the APA Library in Washington, DC. APAF remains a platform for [activism](#).

## **APA Political Action Committee — R. Scott Benson, MD, Chair**

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APAPAC spent \$315.5K in 2018, still well behind other specialty group PACs. In 2019, the PAC has raised \$172K from 900 members' contributions so far. As of the start of the May Assembly, 44% of Assembly members have contributed so far this year (compared to 93% last year). BOT and AEC members are near 90% participation. Area 4 leads the way with \$13.8K, while Area 1 lags behind with \$288. PAC funds are used to support parity, suicide prevention, and opioid use-related issues.



## **Royal College of Psychiatrists — Adrian James, MB BS FRCPsych MSc, Registrar**

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Dr. James is a guest of the Assembly and attending the APA Annual Meeting. He observes that issues affecting psychiatry in the US are similar to those in the UK. However, with tongue in cheek, he notes that the UK has had difficulty in giving direction to the US historically. The Royal College of Psychiatrists has a touching video that invites viewers to ["Choose Psychiatry"](#).

## **Assembly Committee on Procedures — A David Axelrad, MD, Chair**

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The Assembly approved amendments to the election procedures for nominating of officer candidates to replace those nominees who withdraw from the election. The Association of Medicine and Psychiatry's application to be part of ACROSS was also approved.

## **CEO/Medical Director of the APA — Saul Levin, MD, MPA**

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With nearly 39,000 members, APA membership is the highest in the past 20 years. The APA website has had a 700% increase in traffic. It includes over 200 diversity activities, [Find-a-Psychiatrist](#), and several areas focusing on innovation and toolkits for member use. In 2018, APA has been awarded several research grants, including CMS Transforming Clinical Practices initiative (TCPI) Support Alignment Network (SAN) – \$2.9M/4 years, CMS Quality Measure initiative – \$5.4M/3 years, SAMHSA Clinical Support System for SMI (CSS-SMI) – \$14.2M/5 years, and SAMHSA STATES Technical Assistance Team Education and Support through AAAP – \$442K/2 years. A draft of updated [Practice Guidelines on Treatment of Patients with Schizophrenia](#) are online. Please review and give your feedback. APA Publishing is planning to release 30 new book titles in 2019, 85 titles for 2019-2021. An Alexa app is in development for abstracts of Psychiatric News articles. And new ["Psychiatry Unbound"](#) podcasts with Dr. Laura Roberts are being released. APA's Annual Meeting is expecting 12,000 attendees, 252 exhibitors, and 288 allied group meetings scheduled. Media requests to APA have increased 115% since 2015. An APA Leadership Cascade will provide timely and targeted messages to all levels of APA leadership. Efforts at strategic communication have increased quality of connection to members as evident by increased number of emails opened, and fewer email opt-outs. APA can also be found on social media, including [Twitter](#), [Facebook](#),

[Linkedin](#), [Youtube](#), the [APA App](#), and [Instagram](#). Dr. Levin can also be found on social media at [Twitter](#), [Instagram](#), and [Linkedin](#).

## **APA Position Statements**

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**The following Position Statements were approved by the Assembly:**

**Proposed** Position Statement for a Neuroscience-based Nomenclature (NbN) Project

**Proposed** Position Statement: Supporting Implementation of the Mental Health Parity and Addiction Equity Act

**Proposed** Position Statement: Civil Commitment for Adults with SUDs

**Revised** Position Statement Against use of cannabis for PTSD

\***Retained** Position Statement: Cultural Psychiatry as a Specific Field of Study Relevant to the Assessment and Care of All Patients

\***Revised** Position Statement: Carve Outs and Discrimination

\***Revised** Position Statement: In Opposition to Cannabis as Medicine

\***Revised** Position Statement: Substance Use Disorders

\***Proposed** Position Statement: Use of Opioid Medications with Terminally Ill Patients

\***Revised** Position Statement: Sexually Transmitted Infections Including HIV Infection Among Older Adults

\***Revised** Position Statement: The Role of the Psychiatrist in Nursing Facilities

\***Revised** Position Statement: Need to Maintain Intermediate and Long-Term Inpatient Care Access for Persons with Serious Mental Illness

\***Revised** Position Statement: Abuse and Misuse of Psychiatry

\***Revised** Position Statement: Hospital Privileging of Psychologists and Other Non-Psychiatrist Mental Health Professionals

## **Action Papers/Items**

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**Among the Actions taken during this session, the Assembly voted:**

To Oppose Requirements to Prescribe Dangerous Quantities of Psychotropic Medications

To Promote Prominent and Appropriate Documenting of Substance Use History in Medical Records

\*To Improve Payment Models for Telepsychiatry and C/L Services, Increasing Access to Quality MH Care

To Approve a Position Statement on Universal Health Care Coverage in the United States

To Adopt a New Position Statement on Scope of Practice for Prescription of Medications to Psychiatric Patients

To Explore Increasing APA Support for DB Central Billing and PAC Fundraising

To Improve Psychiatric Training in Family Medicine Residencies

**To Develop a Position Statement Requiring Medical Supervision of Psychiatry Residents and Fellows**

To Develop a Public Relations Campaign for Improving Public Understanding of Psychiatry

To Conduct a Feasibility Study to Find an Alternative Process for Specialty Certification

To Advocate for a National Opioid Use Disorder Screening and Awareness Day

To Advocate for CME Credit for Psychiatrists Participating in Maintenance of Certification (MOC)

\*To Provide Article Based Assessment for Maintenance of Certification (MOC) for Free to APA Members

To Create a Workgroup to Update and Amend [Federal Standard 42 CFR §8.12](#) for Opioid Treatment Programs

To Create a Workgroup to establish a media response and talking points on climate mental health impacts

To Conduct a Research Assessment of Climate-Related Psychiatric Service Needs

To Develop Recommendations for Lowering Prescription Drug Prices

To Request from APA an Annual Strategic Report on Access to Quality Mental Health Care

**To Create a Position Statement Promoting the Terms “Physician”, “Psychiatrist”, and “Patient” over the Terms “Provider” and “Client” in Psychiatric Practice**

To Develop and Disseminate Model Curricula on Climate Change and Mental Health

To Explore an Environmental Sustainability Partnership as a Benefit for APA Members

To Reduce Stigma of Substance Use in Athletic Organization Policies by eliminating the Term “Abuse”

\*To Promote Expansion of Psychiatry Residency Positions

- To Develop a Leadership Training Course for Psychiatrists
- To Develop Programs to Eliminate Workplace Bullying at the VA
- \*To Advance Gender Equality of Compensation in Medicine
- \*To Develop Sustainable Funding for Early Recognition and Treatment of Psychotic Disorders in Youth
- To Improve Safe Prescribing of Controlled Substances Nationwide Through State PDMPs
- To Oppose Rescheduling and Monitoring of Medical Marijuana Prescriptions
- For APA to Become a Partner with [TIME'S UP Healthcare](#)
- For APA to Urge Health Plans to Comply with BH Network Adequacy to Improve Access to Care
- \*To Protect Government-Employed Psychiatrists from Political Pressure
- For APA Recognition of International Women's Day
- To Consider a Reduction of Dues for Members with Joint APA and ACROSS Organization Memberships
- To Oppose One Member-One Vote for APA Assembly Elections**
- To Enhance Members' Ability to Ethically and Legally Respond to Online Reviews
- To Improve Transparency of Cost Estimate Analysis on Action Paper Submissions
- To Oppose Creation of a Council on Advocacy and Patient Safety (CAPS)**
- To Develop a Position Statement on the Use of Emotional Support Animals (ESAs)
- To Develop and Promote Criteria for Support of Psychiatrists as Department Leaders
- To Develop a Nationwide APA RFM Merit Award Modeled on the Area III RFM Membership & Leadership Development Innovations
- To Include Territorial Acknowledgments in APA Meeting Programming

*(Items with a \* were approved by consent. **Items in bold** invited greater debate and may be worthy of further discussion with DB and Area Council members.)*

*A draft summary of actions taken by the Assembly can be found [here](#).*

*Final version of all Action Papers can be found [here](#).*

*You can view all current and previous Action Papers and track their current status on AITS [here](#).*

## **Presentation of Assembly Awards Committee — Daniel Anzia, MD, Chair**

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The **DB Best Practices Award** for large DB went to the [Colorado Psychiatric Society](#). Honorable mention went to [Northern California Psychiatric Society](#). For small DB, the award was given to [Mississippi Psychiatric Association](#). Honorable mention went to [Georgia Psychiatric Physicians Association](#).

Award for Area Voting in Elections went to [Area3](#) with 21% voter turnout. For DB voting, the award went to **North Dakota Psychiatric Association** with 33%.

The **Warren Williams Awards** for Outstanding Contributions in Mental Health were presented to **Bhasker Dave, MD (Area 4)** who was recognized for his lifelong work in public sector psychiatry, outstanding contributions, service, teaching and lifelong commitment to MH Services. and **Charles Herndon, MD – Alaska (Area 7)**, who was recognized for his focus on treating people with SUDs, especially physicians, for which he was described as a "doctor's doctor", for his service to others, colleagues, with compassion, humility, and a great sense of humor.

The **Excellence in Service Award** was given to **Monica Taylor-Desir, MD, MPH - North Dakota (Area 4)** who developed and expanded services in a clinic serving indigenous communities, developed programs to serve rural communities, reduce suicide by creating "zero suicide" policies, and for her tremendous compassion for the people with whom she works.

The **Profiles in Courage Award** was given to **Jeffrey Geller, MD**, who, against the advice of his training program chair, left a teaching position at Beth Israel Hospital and Harvard Medical School for Worcester State Hospital in Western Massachusetts in 1978, where he quickly became medical director and fought local political influences to prevent releasing persons with SMI into inadequate community based residential care. Dr. Geller has argued for extending involuntary care for a subset of SMI individuals as well as for outpatient treatment commitment. He takes on important issues and controversy even if it is politically ill-advised. Dr. Geller invites all of us to retort to all of those nay-sayers of 40 years ago to "stuff it".



## Assembly Elections

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The Assembly held its annual election of Officers for the coming year. For Speaker-Elect, the Assembly elected [Joseph Napoli, MD](#) (Area 3), and for Recorder, the Assembly elected [Mary Jo Fitz-Gerald, MD](#) (Area 5). Congratulations to all the candidates on a well-fought campaign.

## Reports and Next Steps from the Assembly Committees/Work Groups

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### Committee on MOC - Russell Pet, MD

- ABPN has been named in a class-action lawsuit. A motion for dismissal will be heard later in May
- There are two other lawsuits pending against ABIM and ABMS
- See [full report](#) for details

### Committee on Psychiatric Diagnosis and the DSM

- Procedures for changes to DSM 5 include submissions to the [website](#).
- There are several changes pending for the next edition, which will be DSM-5-TR
- Persistent grief disorder, personality disorders, and suicide behavior disorder will be moving from Section 3 to Section 2.

### Committee on Public and Community Psychiatry – Isabel Norian

- Issues included discussion on the future of IPS
- Leslie Gise, MD presented a summary report on [healthcare reform](#)

### Committee on Access to Care - Eliot Sorel, MD

- The committee examined results of surveys of the DBs, Area Councils, NAMI, and National Business Purchasers of Healthcare Coalition
- Among the many achievements include 4 Action Papers produced for this session of the Assembly
- See [full report](#) for complete summary of accomplishments and data sets analyzed

### Workgroup on increasing voter turnout – Edward Thomas Lewis, MD

- Only 3 people showed up to the Committee
- APA voter turnout numbers are similar to those of other membership organizations
- It remains a problem the workgroup intends to address.

## Hail and Farewells:

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The Assembly bids farewell to several members who are finishing up their terms after this session. Of particular note are the departures of Daniel Anzia, MD (Area 4), Seeth Vivek, MD (Area 2), and Jeff Akaka, MD (Area 7). Cumulatively, these 3 Assembly members have amassed nearly 70 years of tenured experience with the Assembly.

Your influences have been profound and your wisdom and guidance will be cherished and missed.

## Did you know....?

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This Assembly plowed through 49 action papers (though several were eventually withdrawn) and 16 position statements and still had 18 minutes to spare at adjournment on Sunday? Applause to Drs. Batterson and O'Leary for facilitating a productive and efficient Assembly meeting!



## **Psychiatric Foundation of North Carolina 2018-19 Year End Report**

### **Financial Report and Activity**

The Foundation account has a balance of \$57,269 in total assets as of April 30, 2019, the end of its fiscal year. This total includes \$42,444 in restricted funds: \$41,131 for the Sethi Award and \$1,313 for Stepping Up. General, unrestricted funds total \$14,825.

One of the Foundation's organizing purposes is to support training, education and research to improved care for the psychiatric patient; a major way we do that is our focus on residents and fellows. The Foundation continues to sponsor the Resident Poster Session at the NCPA Annual meeting by contributing \$600 for the cash prizes. The Foundation also has traditionally paid a reduced registration fee for every resident, fellow or medical student who attends the NCPA Annual Meeting. We are only able to do that as funds are available.

### **Fundraising**

A total of 51 individuals made contributions to the Foundation in the 2018 calendar year; several have made more than one contribution. There are 3 individuals who are making monthly contributions to the Foundation.

### **Sethi Award**

Dr. Robert Malenka was chosen as the 2018 recipient of the V. Sagar Sethi, MD Mental Health Research Award. He is unable to present at the 2018 meeting and therefore the Sethi Selection Committee has decided to postpone the presentation of the award and lecture until a future meeting.

Dr. Andrew H. Miller was chosen as the 2019 recipient of the V. Sagar Sethi, MD Mental Health Research Award. He will present his research on Sunday, September 22, 2019.

### **Stepping Up**

In 2017, the Foundation received a \$25,000 grant from Johnson and Johnson to fund the "Sequential Intercept Mapping" (SIM) facilitator training held in July 2018.

### **Support for Residents**

At the 2018 Annual Meeting, the Foundation paid for 40 residents and medical students to attend the Annual Meeting. The 2018 Poster Session had 13 submissions and 10 posters presented.

Currently, there are 56 residents and medical students registered to attend the 2019 Annual Meeting, and 23 posters accepted in the Poster Session from 6 programs.

### **Tax and Other Filings**

The Foundation's 2017 990 was filed by our accountant in early summer 2018. Our accountant is currently working on the 2018 tax filings. We also submitted the yearly application for Solicitation License with the NC Secretary of State by the November 2018 deadline.