# A Neural Circuitry Basis for the Core Clinical Features of Schizophrenia

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### **Grand Challenges in Psychiatry**

- Need: A diagnostic system based on an understanding of the underlying disease processes as opposed to syndromal diagnoses.
  - Challenge: The human brain is the most complex organ in the known universe.
- Need: Therapeutic interventions that target disease mechanisms as opposed to symptomatic treatments.
  - Challenge: Psychiatric illness impairs the most sophisticated functions of the human brain.
- Need: Effective delivery of therapeutic interventions in the real world as opposed to limited access, non-adherence and stigma.
  - Challenge: Psychiatric services and research remain markedly underfunded relative to the personal, medical and societal costs of psychiatric illnesses.

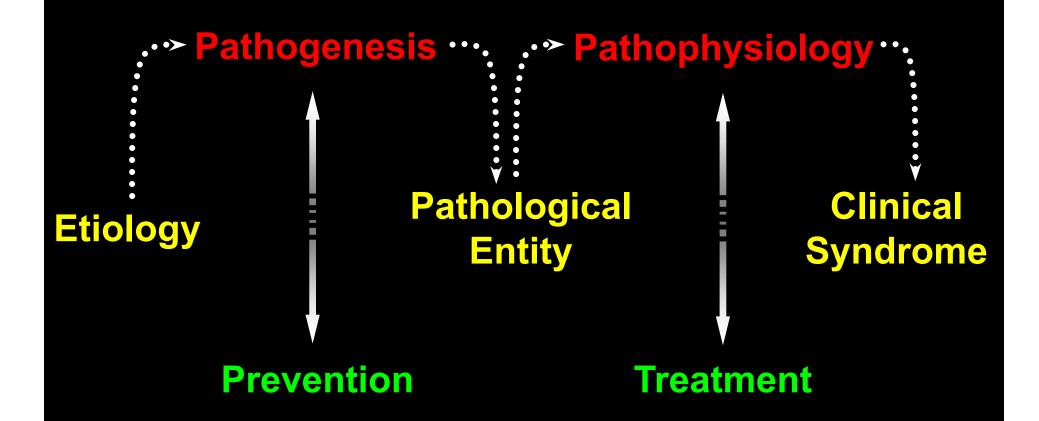
#### Potential for Grand Solutions in Psychiatry

- Understanding disease processes at the level of the affected neural circuits has the potential to provide...
  - An empirical substrate for diagnostic categories.
  - A rational basis for developing novel therapeutics.
  - An effective explanation to patients for the problem and the therapeutic solution.

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#### **Dissecting the Disease Process in Psychiatry**



#### The Clinical Heterogeneity of Schizophrenia

- Positive symptoms: Delusions, hallucinations, thought disorder
- Negative symptoms: Decreased motivation, diminished emotional expression
- Cognitive deficits: Impairments in attention, executive function, working memory
- Sensory abnormalities: "Gating" disturbances
- Sensorimotor abnormalities: Eye tracking disturbances
- Motor abnormalities: Posturing, impaired coordination

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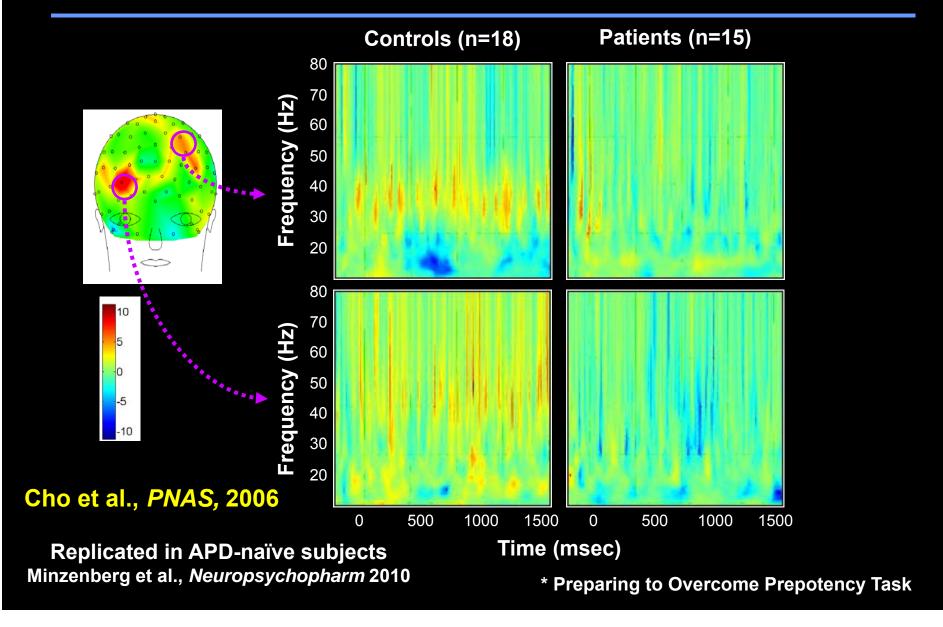
# Thought Disorder: Consequence of Deficient Working Memory?

- Loose Associations (Derailment)
  - Speech in which one idea is followed by unrelated or only loosely connected ideas.
- Working memory
  - The transient maintenance of a limited amount of information in order to guide thought or behavior.
- The failure to maintain the context of thought or an overarching idea in order to guide thought/speech to the next logically connected thought/statement is manifest as loose associations.

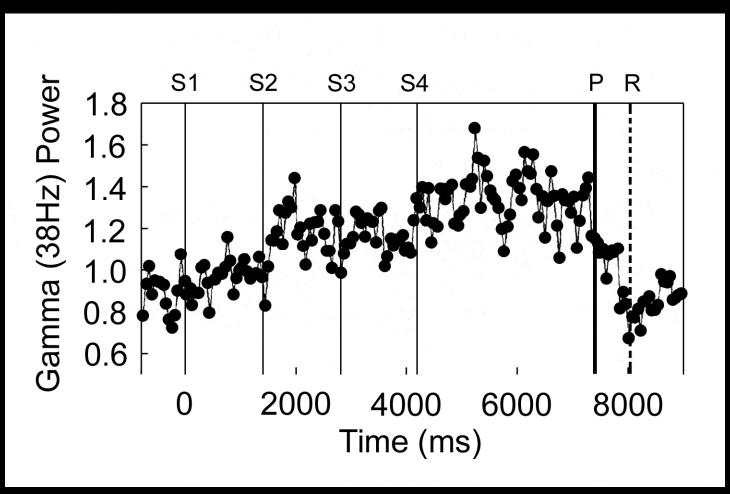
# Cognitive Deficits: A Core and Clinically Critical Feature of Schizophrenia

- Prevalent in schizophrenia
- Present in milder form in unaffected relatives
- Present and progressive before the onset of psychosis
- Persistent across the course of illness
- Predictor of long-term functional outcome
- Product of impaired cortical network oscillations

# Impaired Prefrontal Gamma Oscillations during a Working Memory Task\* in Patients with Schizophrenia



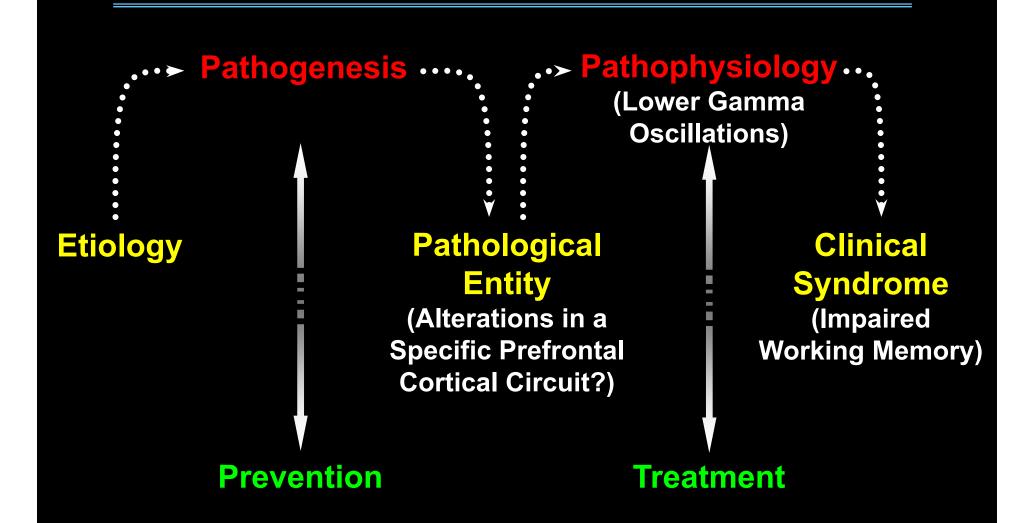
## Intracranial Prefrontal Gamma Band Power Increases with Working Memory Load in Humans



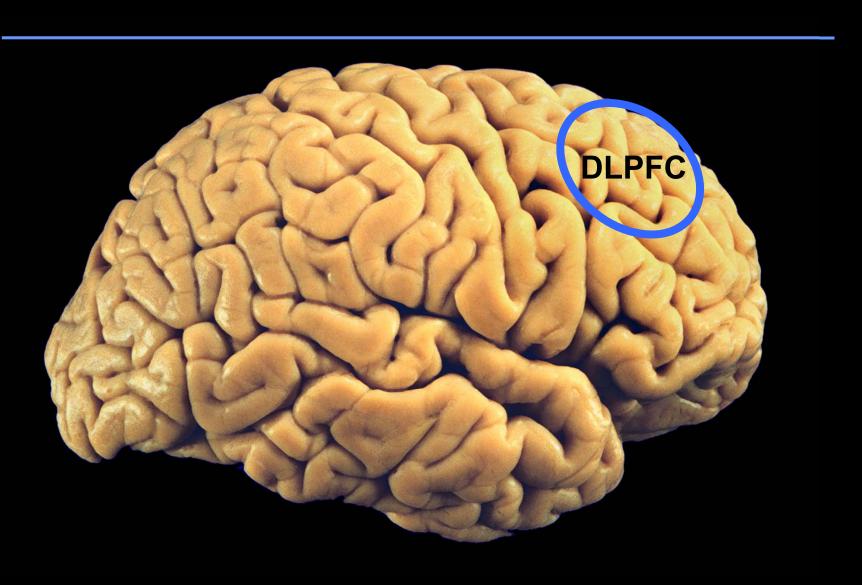
Howard et. al., Cereb Cortex 13:1369, 2003

Prefrontal gamma band power during the Sternberg WM task is lower in subjects with schizophrenia (Chen et al., *Neuroimage Clin*, 2014).

#### Dissecting the Disease Process in Schizophrenia



What alterations in dorsolateral prefrontal cortex (DLPFC) circuitry could contribute to weaker gamma oscillations and working memory impairments in schizophrenia?



# Critical Issues in Interpreting Disease-Related Alterations: "The 5 C's"

- Does any given finding represent...
  - An upstream cause?
  - A downstream detrimental consequence of a cause?
  - A compensatory response to a cause or consequence?
  - A comorbid factor that frequently accompanies the illness?
  - A confound due to experimental limitations?

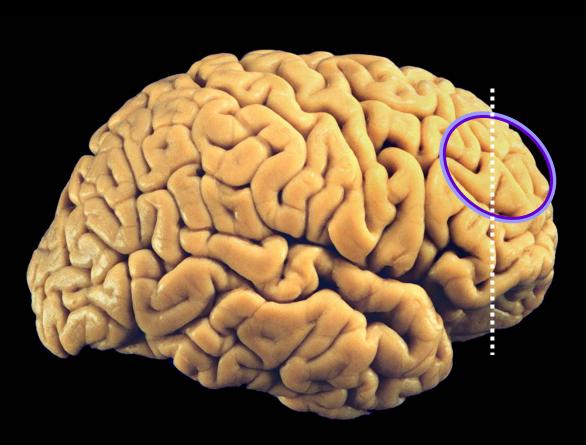
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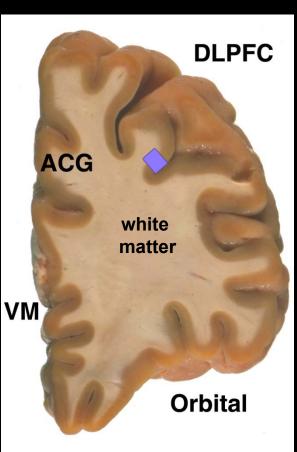
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#### **Summary of Subject Characteristics**

|                             | Control       | Schizophrenia |
|-----------------------------|---------------|---------------|
| N                           | 62            | 62            |
| Sex                         | 47 M / 15 F   | 47 M / 15 F   |
| Race                        | 52 W / 10 B   | 46 W / 16 B   |
| Age (years)                 | 48.7 ± 13.8   | 47.7 ± 12.7   |
| Postmortem<br>Interval (hr) | 18.8 ± 5.5    | 19.2 ± 8.5    |
| Brain pH                    | $6.7 \pm 0.2$ | $6.6 \pm 0.3$ |
| RNA Integrity<br>Number     | 8.2 ± 0.6     | 8.1 ± 0.6     |

### **Circuitry of the Prefrontal Cortex**



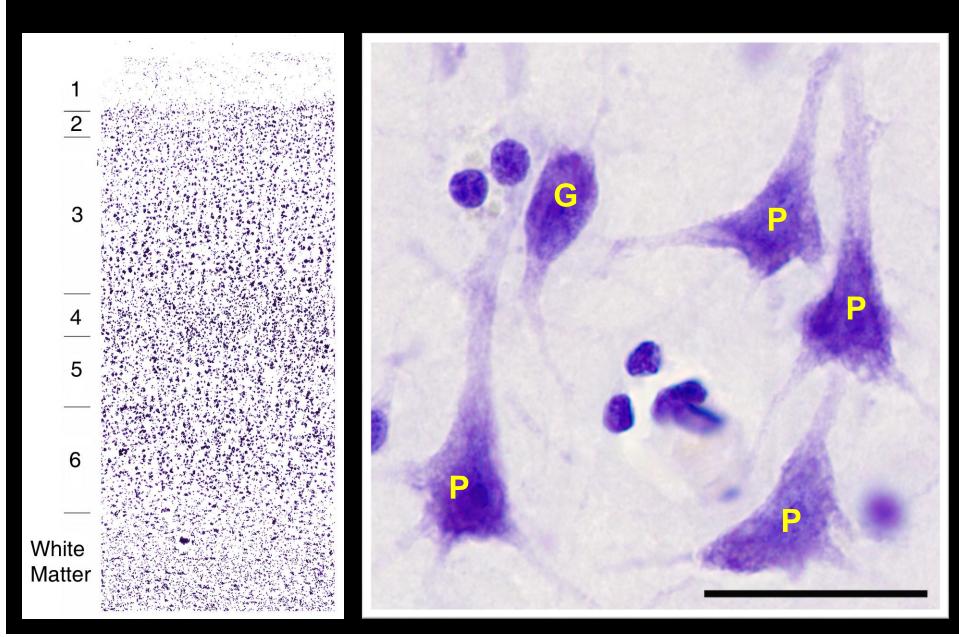


**ACG = Anterior Cingulate** 

**VM = Ventromedial Prefrontal Cortex** 

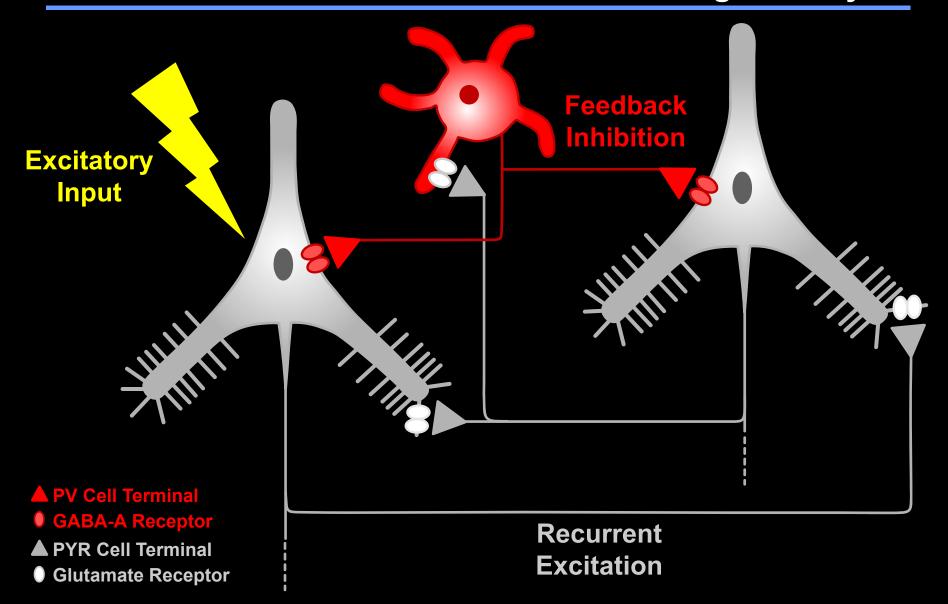
#### **Cortical Layers**

#### **Pyramidal and GABA Neurons**



### Pyramidal Neuron-Parvalbumin GABA Neuron

# Circuitry in DLPFC *Layer 3* is Critical for both Gamma Oscillations and Working Memory

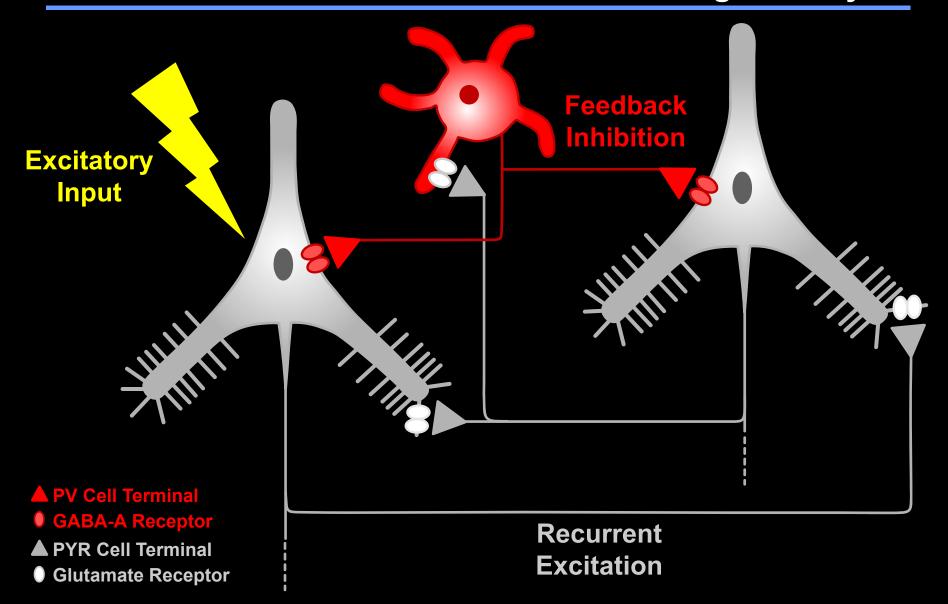


# Critical Role of *Layer 3* Circuitry in Working Memory and Gamma Oscillations

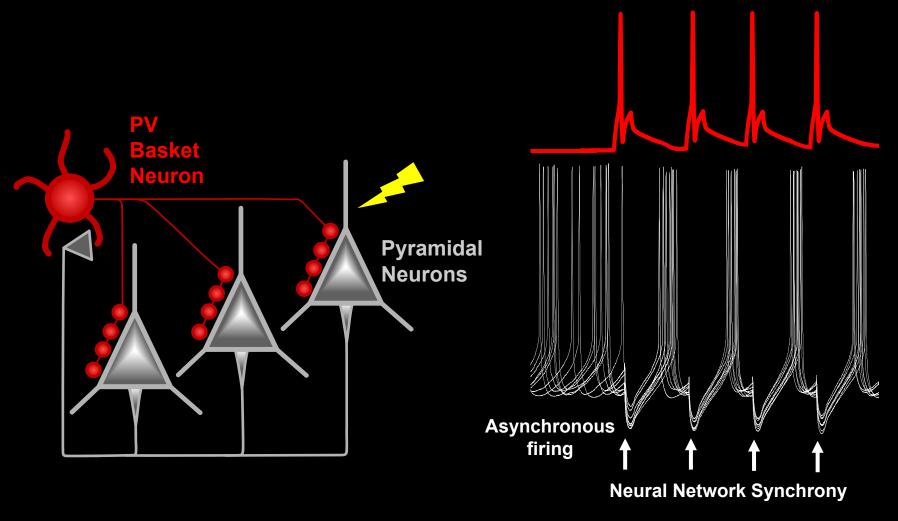
- Persistent neuronal firing during the delay period of WM tasks arises from recurrent excitation among *layer 3* pyramidal cells in primate DLPFC (Goldman-Rakic, *Neuron* 1995; Wang et al., *Neuron* 2013).
- Inhibition in *layer 3* of primate DLPFC shapes pyramidal cell activity during WM tasks (Constantinitis et al., *Nature Neurosci*, 2002).
- PV basket neurons are most numerous in layer 3 of primate DLPFC (Conde et al., J Comp Neurol 1994).
- Gamma oscillations are generated in layer 3 of primate association cortex (Buffalo et al., PNAS 2011).

### Pyramidal Neuron-Parvalbumin GABA Neuron

# Circuitry in DLPFC *Layer 3* is Critical for both Gamma Oscillations and Working Memory



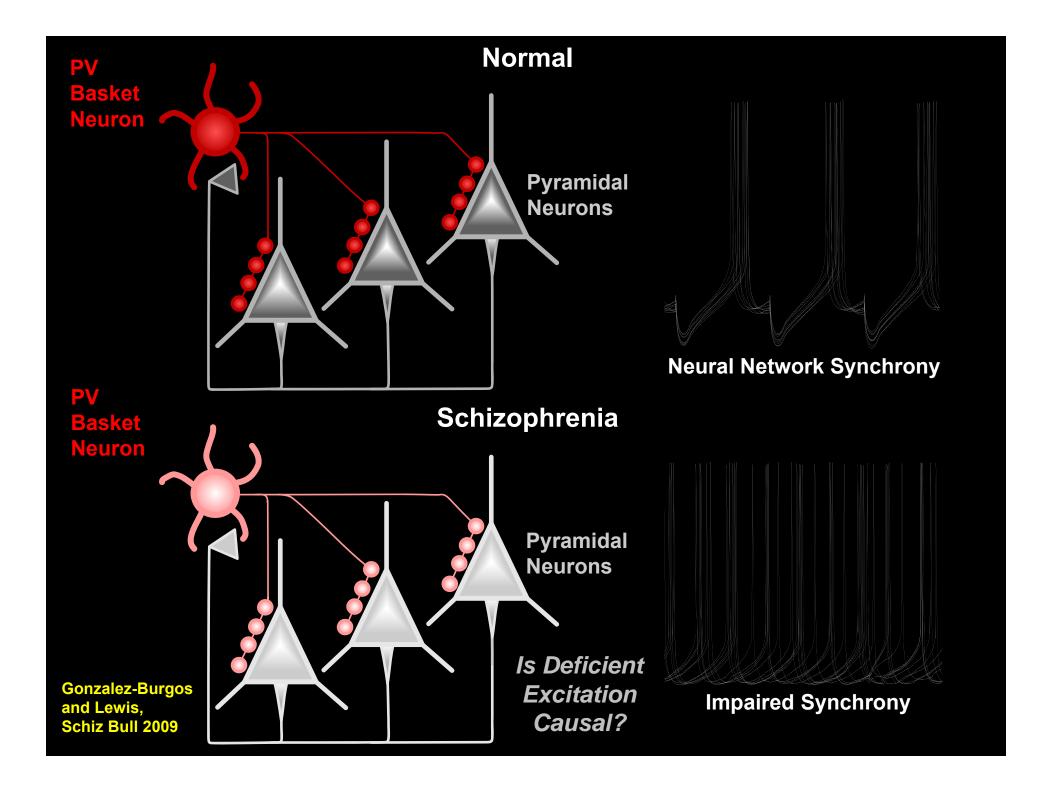
#### **Mechanisms of Neural Network Oscillations**



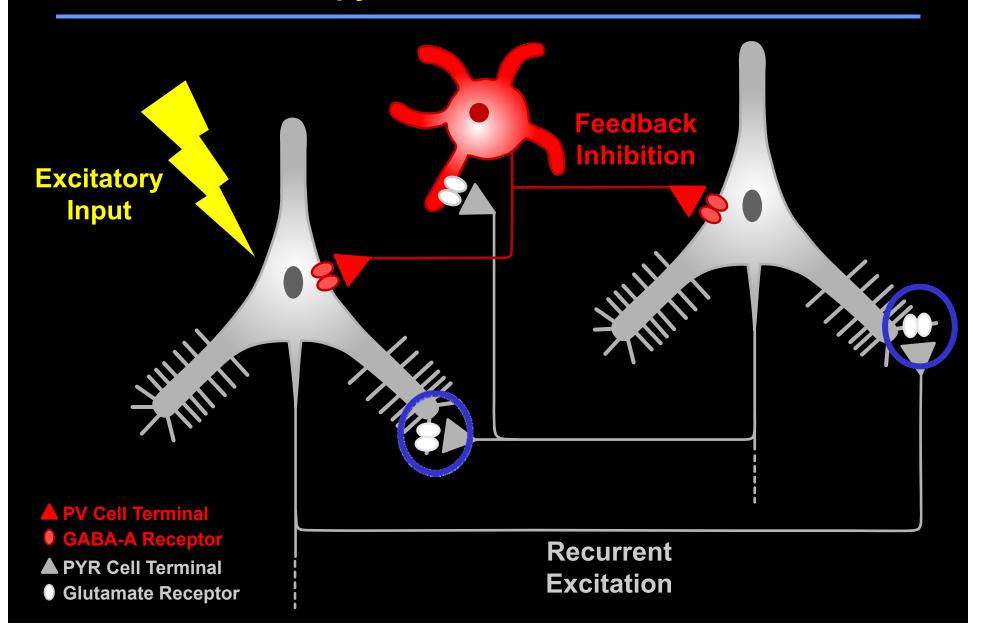
Rhythmic interneuron firing produces synchronized network oscillations.

**IPSC** duration determines oscillation frequency.

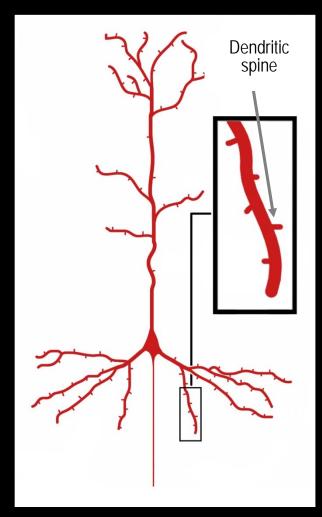
Gonzalez-Burgos and Lewis, Schizophrenia Bulletin, 2009

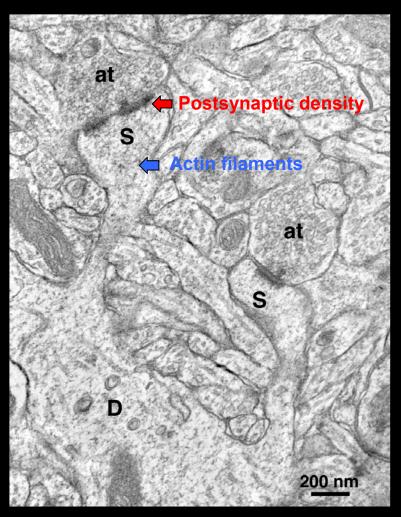


# Is the "primary" problem in the excitatory drive to layer 3 pyramidal neurons?



### Dendritic Spines Receive the Excitatory Synapses to Pyramidal Neurons





d = dendrite. s = spine. at = axon terminal.

**Stephen Eggan** 

Comparison

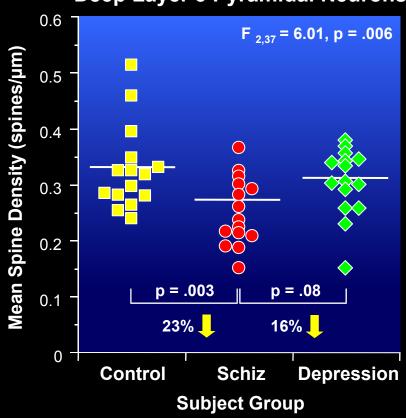
B

Schizophrenia

Leisa Glantz

# Lamina-Specific Reductions in Pyramidal Neuron Dendritic Spine Density in Schizophrenia

#### **Deep Layer 3 Pyramidal Neurons**



#### Change in Schizophrenia

| Superficial 3 | -13% | NS   |
|---------------|------|------|
| Deep 3        | -23% | .003 |
| Layer 5       | +3%  | NS   |
| Layer 6       | +12% | NS   |

Glantz and Lewis, *Arch Gen Psychiatry*, 2000 Kolluri and Lewis, *Am J Psychiatry*, 2005

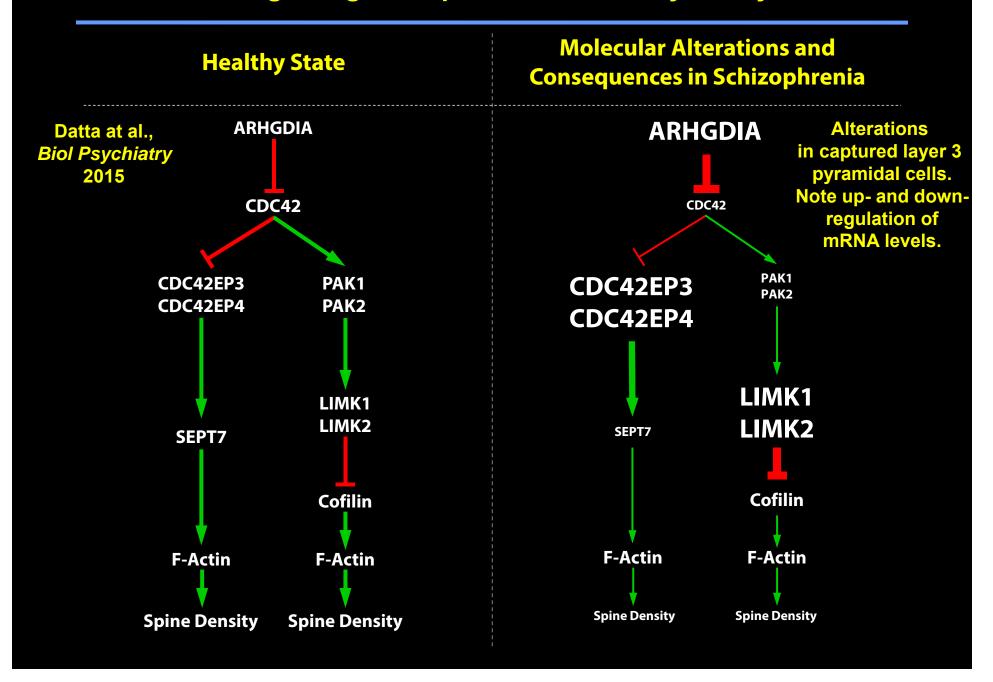
# Potential Genetic Basis for a Primary Disturbance in Dendritic Spines/Excitatory Inputs to Pyramidal Neurons

- De novo mutations are over-represented at loci encoding for glutamatergic post-synaptic proteins and proteins that regulate the actin filament dynamics essential for dendritic spine formation and maintenance. Fromer et al., Nature 506:179, 2014
- Common alleles associated with schizophrenia appear to be enriched for genes involved in glutamatergic neurotransmission. Ripke et al., Nature 511:421. 2014
- Variants at the MHC locus (complement component 4) associated with schizophrenia appear to regulate developmental pruning of dendritic spines. Sekar et al., Nature, 2016
- These findings provide a potential basis for a primary disturbance in dendritic spines in schizophrenia.

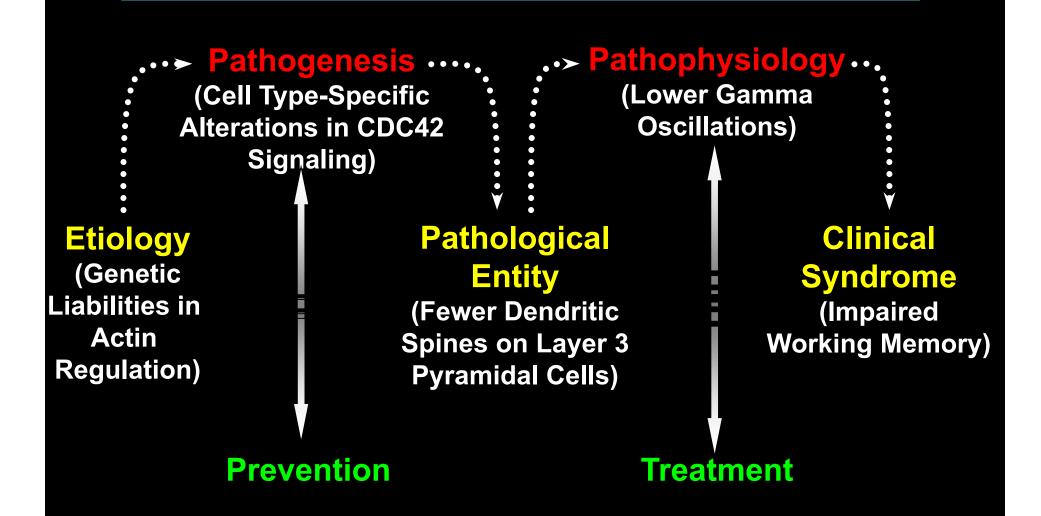
### How is this apparent genetic liability moderated to create spine deficits predominantly on layer 3 pyramidal cells?

- Cdc42 is a RhoGTPase that regulates actin dynamics and spine number.
- Cdc42 mRNA levels are lower, and strongly correlated with spine deficits, in DLPFC layer 3 pyramidal neurons in schizophrenia (Hill et al. *Molecular Psychiatry*, 2006).
- Cdc42 effector protein 3 and 4 mRNAs are preferentially expressed in layer 3 of human DLPFC (Arion et al. Eur J Neurosci, 2007).
- Cdc42 effector protein 3 and 4 mRNA levels are upregulated in DLPFC layer
   3 pyramidal cells from subjects with schizophrenia (Ide and Lewis, *Biol Psychiatry*, 2010; Datta et al. *Biol Psychiatry*, 2015).
- Together, lower Cdc42 and higher Cdc42EP3/4 could account for a cell typespecific dendritic spine deficit in layer 3 pyramidal cells.

#### Altered CDC42 Signaling and Spine Deficits in Layer 3 Pyramidal Cells



# Dissecting the Disease Process in Schizophrenia: Hypothesis Building and Testing



#### **Postulates and Prediction**

- Schizophrenia is associated with chromosomal disturbances/ genetic variants and gene expression alterations in the regulation of actin filament dynamics and hence in the capacity to form/maintain dendritic spines.
- Spine deficits are most prominent in layer 3 pyramidal cells due to altered levels of gene products selectively expressed in that cell type.
- Fewer spines and glutamatergic synapses reduce excitatory input to layer 3 pyramidal cells.
- Prediction: DLPFC layer 3 pyramidal cells are hypoactive in schizophrenia with less drive for mitochondrial energy production.

### Does deficient energy production occur as a consequence of fewer dendritic spines on layer 3 pyramidal neurons?

# Gene Expression Profiling Supports Lower Activity of DLPFC Layer 3 Pyramidal Cells in Schizophrenia

# LMD of NissI-stained Pyramidal Cell in Human DLPFC



N = 36 matched subject pairs

### Altered Gene Expression is Enriched in Layer 3 Pyramidal Cells

|        | <b>Gray Matter</b> |     | Pyramidal Cell |      |
|--------|--------------------|-----|----------------|------|
| Gene   | % <b>A</b>         | p   | % <b>A</b>     | р    |
| COX7A1 | -9.4               | .23 | -34.5          | .003 |
| UQCRQ  | -2.3               | .21 | -25.0          | .001 |

### Lower Expression of Genes Regulating Energy Production in Layer 3 Pyramidal Cells

| Mitochondrial Gene Pathways                      | Q-values          |  |
|--|-------------------|--|
| Reactome Electron Transport Chain                | <10 <sup>-7</sup> |  |
| Kegg Parkinsons Disease                          | <10 <sup>-7</sup> |  |
| Reactome Glucose Regulation of Insulin Secretion | <10 <sup>-5</sup> |  |
| Kegg Oxidative Phosphorylation                   | <10 <sup>-5</sup> |  |

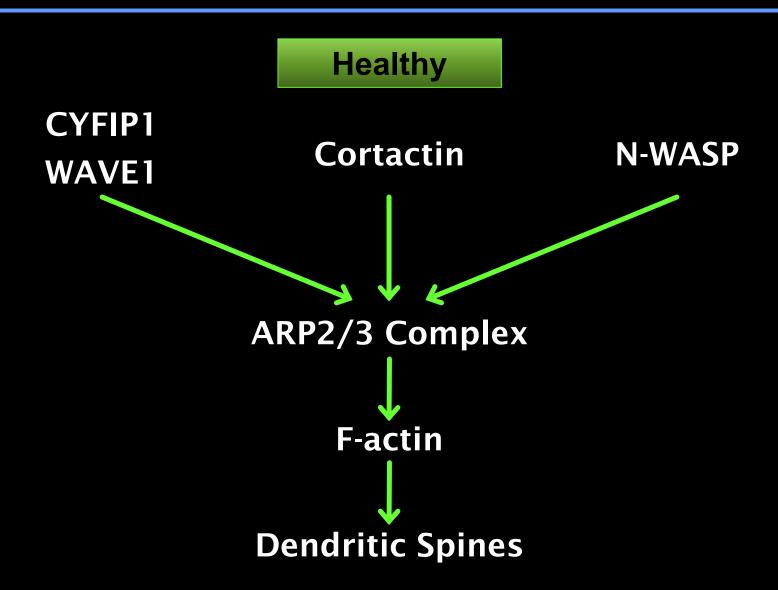
# In vivo findings support *lower* DLPFC network activity during working memory in subjects with schizophrenia

- "Although altered patterns of activation are occasionally observed in samples of patients with schizophrenia, metaanalyses of working memory in schizophrenia have converged on hypoactivation of the dorsolateral prefrontal cortex as the most common finding."
  - Kern, Horan and Barch: Am J Psychiatry 170:1226, 2013

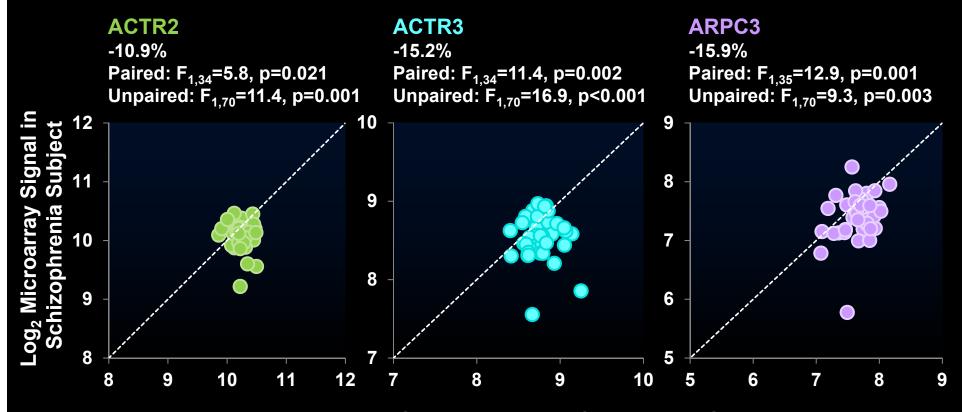
## Can a "causal" deficit in dendritic spines lead to the "consequence" of psychosis in schizophrenia?

- Cognitive deficits, including those that depend on DLPFC circuitry, emerge before the onset of psychosis (Reichenberg et al., *Am J Psychiatry* 167:160, 2010).
- DLPFC activation during cognitive tasks is inversely related to measures of striatal dopaminergic function in schizophrenia (Meyer-Lindenberg et al., Nat Neurosci 5:267, 2002).
- Psychosis is associated with excessive dopamine release in the associative striatum (Howes et al., *Arch Gen Psychiatry* 69:776, 2012).
- In mice, deletion of the actin-related protein-2/3 (ARP2/3) complex produces cortical spine deficits, elevated striatal dopamine neurotransmission and antipsychotic-responsive hyperlocomotion (Kim et al., *Nat Neurosci* 18:883, 2015).
- Is the ARP2/3 complex signaling pathway altered in DLPFC layer 3 pyramidal neurons in schizophrenia?

#### **ARP2/3 Complex Signaling Pathway**



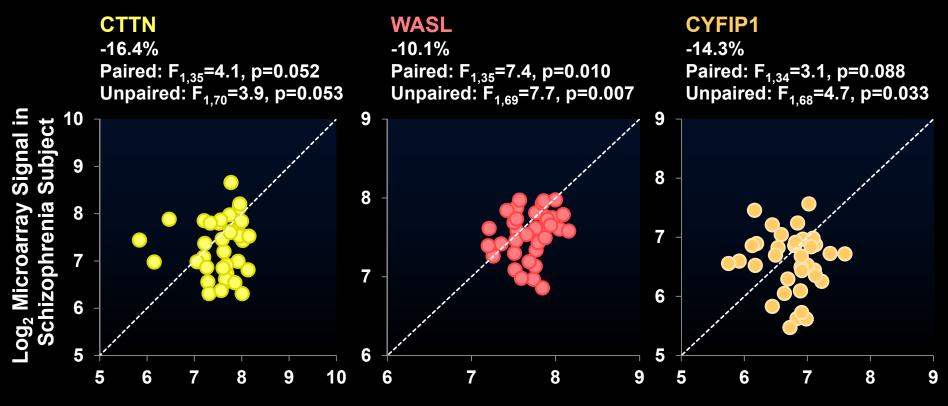
# Lower Expression in Schizophrenia of ARP2/3 Complex Components in Layer 3 Pyramidal Cells



Log<sub>2</sub> Microarray Signal in Healthy Comparison Subject

**Expression of 6 of 7 ARP2/3 subunits is lower.** 

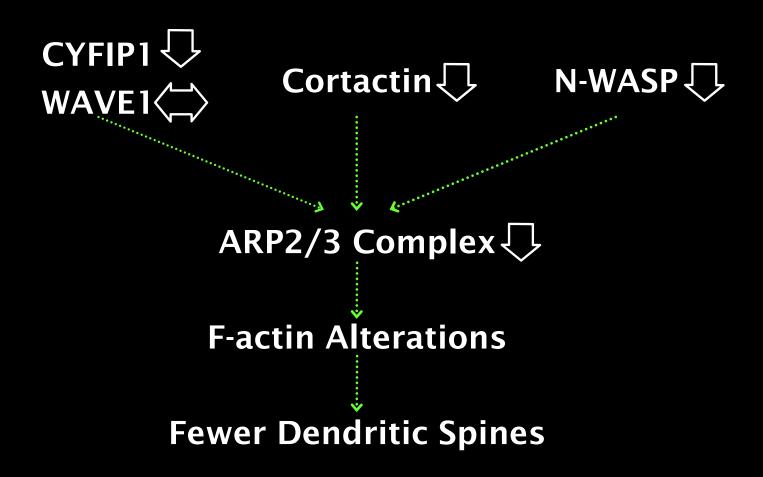
# Lower Expression in Schizophrenia of Nucleation Promotion Factors Regulating the ARP2/3 Complex



Log<sub>2</sub> Microarray Signal in Healthy Comparison Subject

**Expression of 3 of 4 NPF transcripts is lower.** 

## Deficient ARP2/3 Complex Signaling and Dendritic Spine Deficits in Layer 3 Pyramidal Cells in Schizophrenia



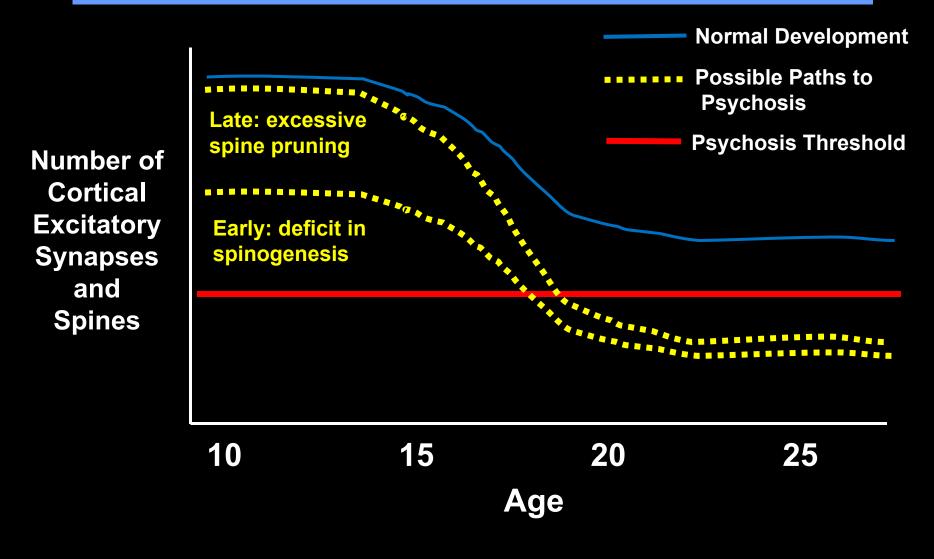
**Expression alterations not attributable to antipsychotic medications or other comorbid factors.** 

## Can a "primary" deficit in dendritic spines account for psychosis in schizophrenia?

- Cognitive deficits, including those that depend on DLPFC circuitry, emerge before the onset of psychosis (Reichenberg et al., Am J Psychiatry 167:160, 2010).
- DLPFC activation during cognitive tasks is inversely related to striatal dopaminergic function in schizophrenia (Meyer-Lindenberg et al., *Nat Neurosci* 5:267, 2002).
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- In mice, deletion of the actin-related protein-2/3 (ARP2/3) complex produces cortical spine deficits, elevated striatal dopamine neurotransmission and antipsychoticresponsive hyperlocomotion (Kim et al., *Nat Neurosci* 18:883, 2015).
- The ARP2/3 complex signaling pathway is downregulated in DLPFC layer 3 pyramidal neurons in schizophrenia (Datta et al., Am J Psychiatry, 2016).
- Interpretation: Spine deficits in the DLPFC (and resulting cognitive dysfunction) are upstream of subcortical hyperdopaminergia (and resulting psychosis) in schizophrenia.

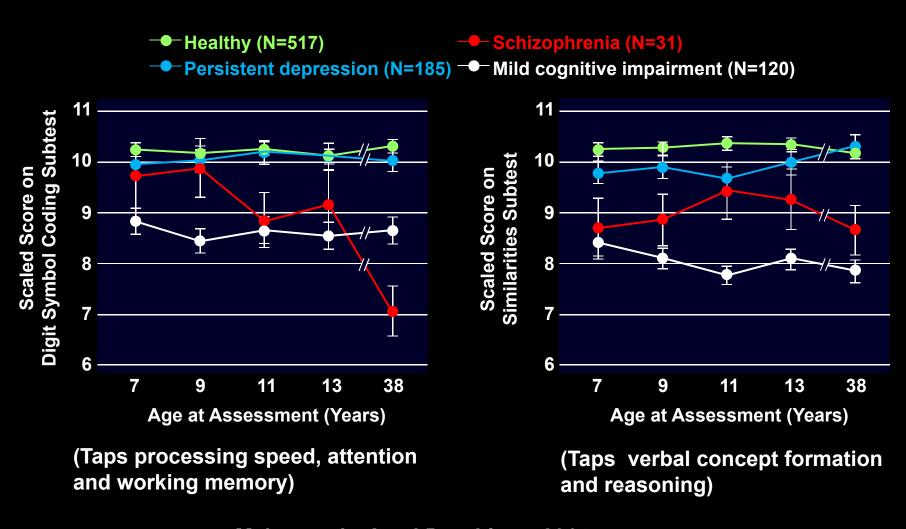
# When during development do the cortical spine deficits arise in schizophrenia?

## Developmental Hypotheses of Lower Excitatory Synapse and Dendritic Spine Densities in Schizophrenia



Adapted from McGlashan and Hoffman (2000)

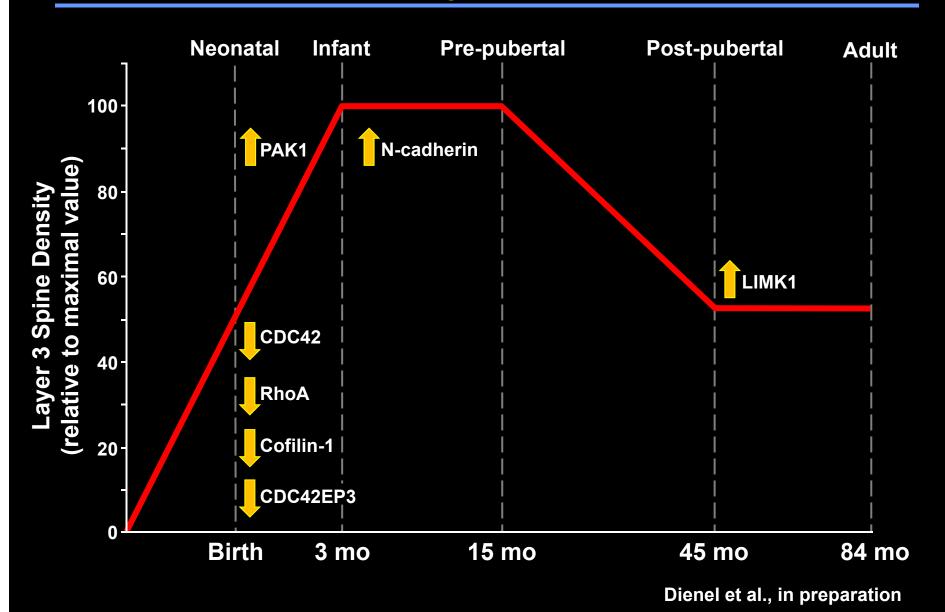
#### Evidence of Cognitive Deficits in Schizophrenia Prior to the Onset of Spine Pruning



Meier et. al., Am J Psychiatry, 2014

Is the timing of developmental shifts in expression of molecular regulators of spines consistent with the idea that spine deficits in DLFPC layer 3 pyramidal cells arise prior to the onset of psychosis?

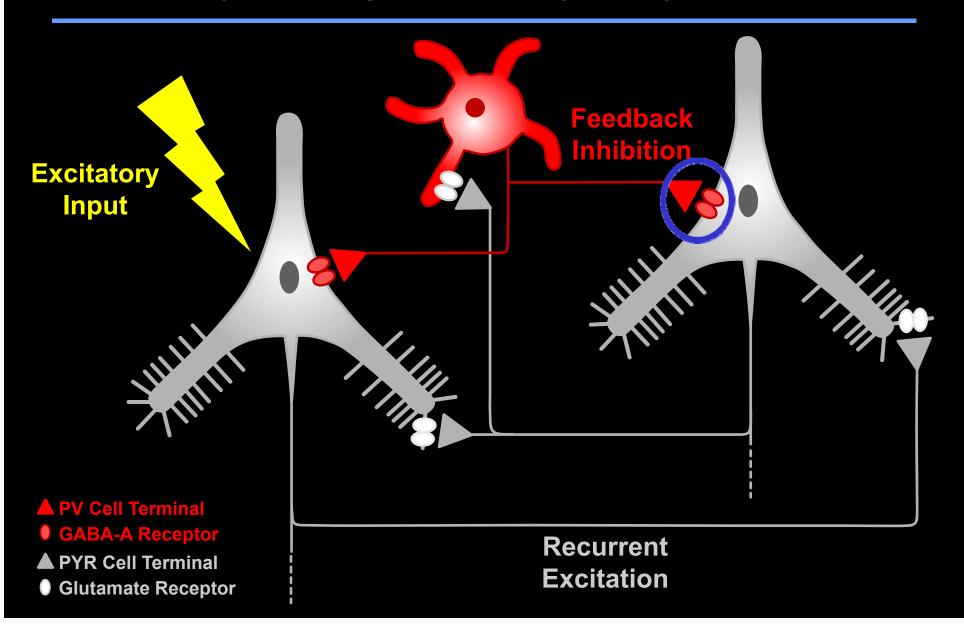
## Most Molecular Regulators of Spine Density Altered in Schizophrenia Exhibit Early Postnatal Shifts in Expression

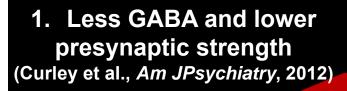


## Accounting for Layer 3 Pyramidal-Parvalbumin Cell Circuit Dysfunction in Schizophrenia

- In DLPFC layer 3, the "cause" is a deficit in the number of pyramidal neuron dendritic spines resulting in lower excitatory drive to layer 3 pyramidal neurons.
- As a consequence, net neural activity is reduced in DLPFC layer 3 circuitry.
- Prediction: Homeostatic synaptic plasticity mechanisms produce multiple, pre- and post-synaptic "compensations" in PV basket cell inhibition of layer 3 pyramidal neurons, all of which reduce feedback inhibition.

## Are markers of feedback inhibition consistent with a compensatory downregulation of layer 3 pyramidal neurons?





2. Fewer receptors and lower postsynaptic strength (Glausier and Lewis, Neuropsychopharm, 2012)

GAD<sub>67</sub>

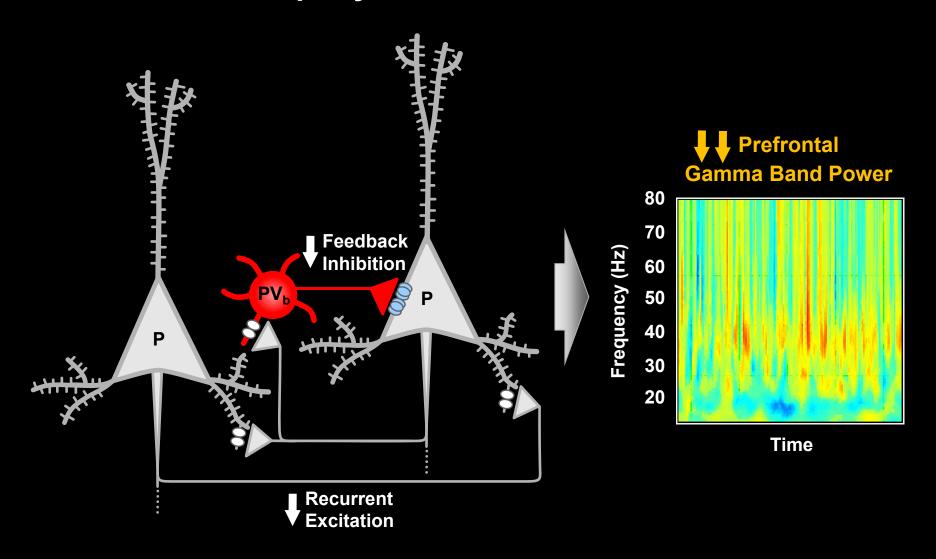
4. Greater suppression of GABA release (Volk at al., Cerebral Cortex, 2012)

CI

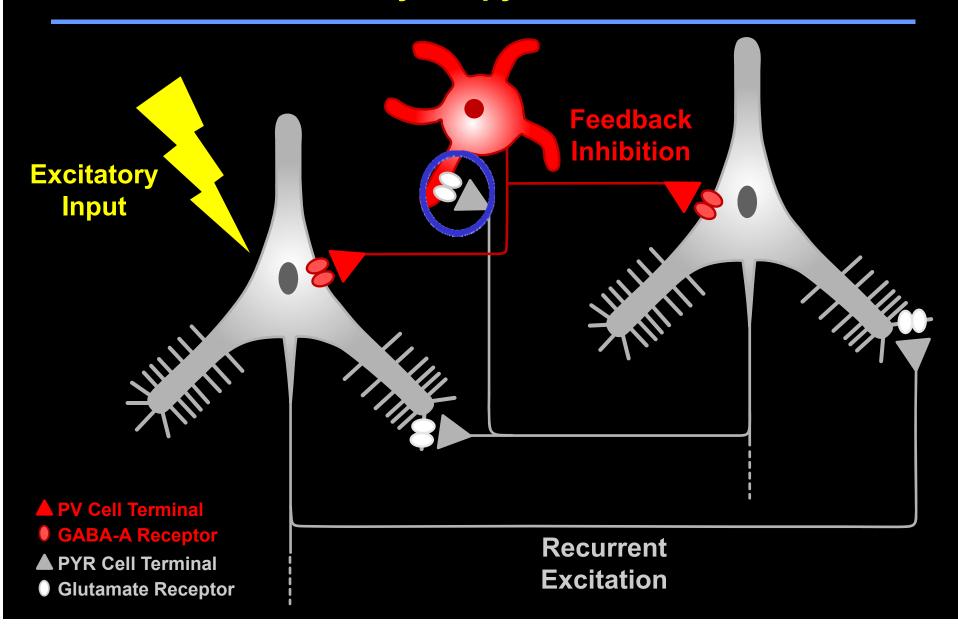
3. Less hyperpolarization (Arion and Lewis,

Arch Gen Psychiatry, 2011)

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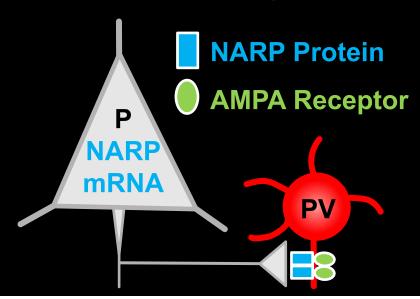


## How are PV basket neurons regulated to reduce feedback inhibition of layer 3 pyramidal neurons?



#### Potential Mechanisms for Down-regulating Activity of PV Neurons: NARP

- Neuronal activity-regulated pentraxin 2 (NARP) is expressed by pyramidal cells in response to neuronal activity.
- NARP is secreted from presynaptic axon terminals at glutamatergic synapses onto PV neurons.
- NARP clusters GluR4-containing AMPARs that generate the fast EPSCs in PV neurons required for gamma oscillations.



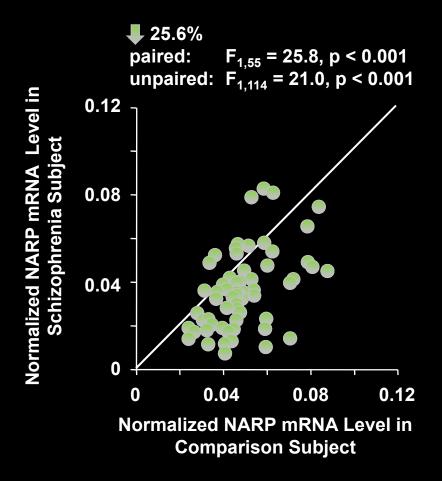
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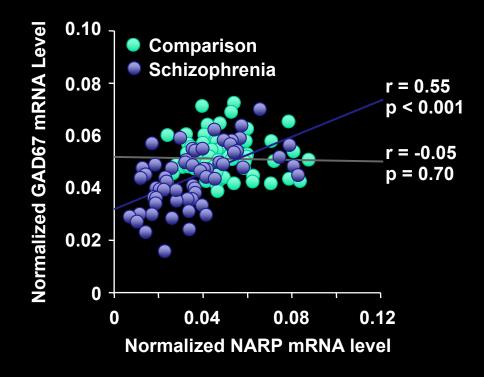
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#### Prediction:

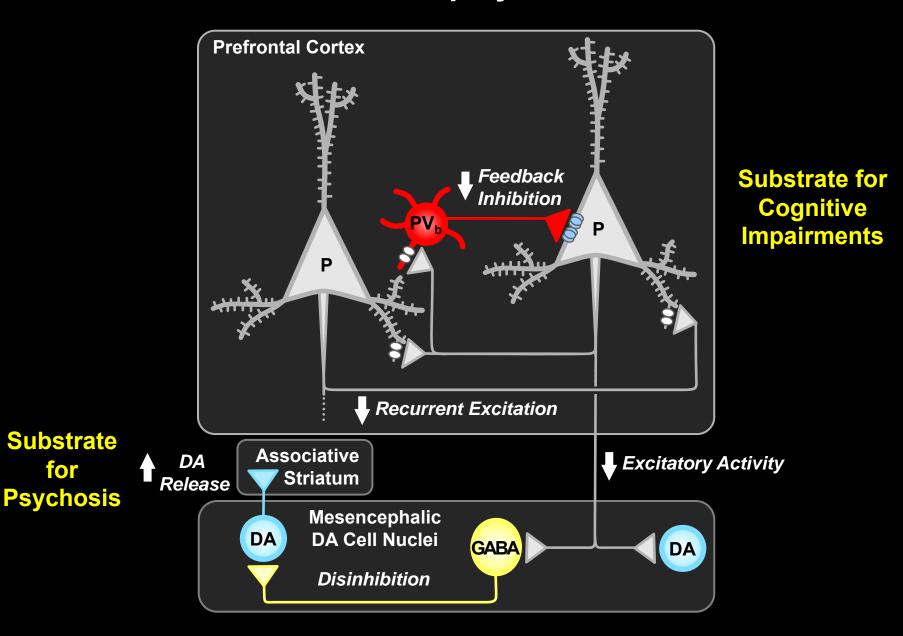
- Lower activity in layer 3 pyramidal neurons leads to less NARP expression.
- Less NARP expression leads to weaker excitatory inputs to PV neurons resulting in a proportional activity-dependent downregulation of GAD67 expression.

## Lower levels of NARP mRNA predict lower levels of GAD67 mRNA in subjects with schizophrenia.

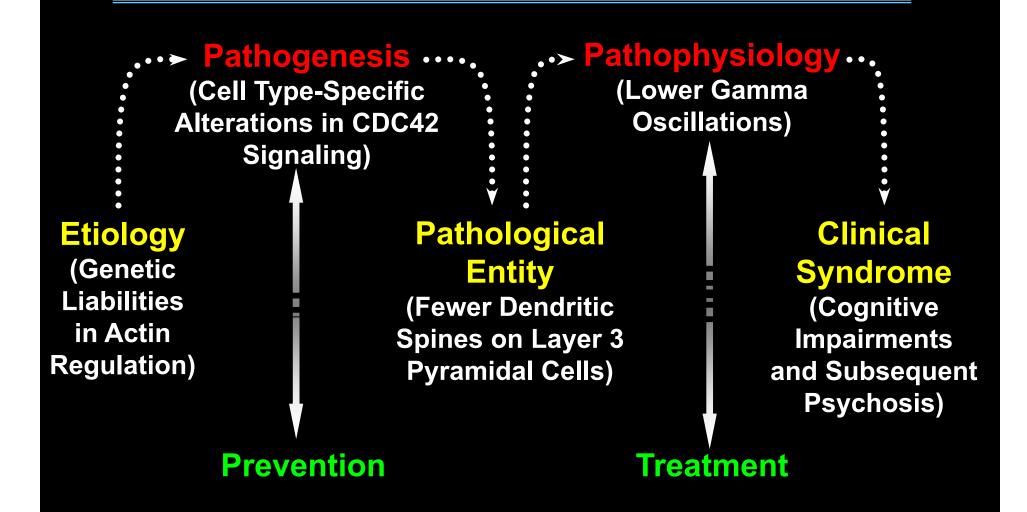




#### Schikeapthrenia



#### The Disease Process in Schizophrenia: Current Model



#### Acknowledgments

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- The many family members who generously gave consent for brain tissue donation from their deceased loved ones and who patiently participated in our diagnostic interviews.