## **NCPA News Archives**

NCPA prints a quarterly newsletter titled NCPA News. See all the archived editions here.

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- Diversity in Sleep by Sushrusha Arjyal, M.D.
- X-Waiver: What Will Change? by Eric Morse, M.D., D.F.A.P.A.
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- Promoting Mental Health Care Engagement: A Family-Level Cultural Approach by

Mandeep Kaur, M.D., F.A.P.A.; Megan Blanton, MS; Ana-Maria Balta, D.O.

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Zebra, Horse, or Zorse of Sorts? A Psychiatric Approach to Long COVID by *Luciana Giambarberi*, *M.D.* 

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Committing to Racial Health Equity in Psychiatry: Reckoning with Racism in Restraint Use by Colin Smith, M.D.

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<u>Private Residential Treatment Facilities, It's Time for a Change</u> by *Kim J. Masters, M.D., F.A.C.P., D.F.A.P.A., D.F.A.A.C.A.P.* 

The Pitfalls of Wellness Programs and What We Can Do About It: A Resident Perspective by Shilpa Krishnan, D.O.
, PGY-2□ Atrium Health Sandra and Leon Levine Psychiatry Residency in Charlotte, NC; and□ <i>Laura Williams, D.O.</i> , PGY-3□
Cape Fear Valley Residency Program in Fayetteville, NC
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The Need for New Solutions to the Mental Health Tsunami of the COVID Pandemic by Saman tha Meltzer-Brody, M.D., M.P.H.
Driving Racial Equity as a Psychiatrist by Nora Dennis, M.D., M.S.P.H.
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What Psychiatrists Need to Know: Telehealth Across State Lines
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