APA Commissioned Milliman Actuarial Report Reveals Cost Savings through Integrated Care

Earlier this month, the APA hosted a live webcast of *Integrated Primary and Mental Health Care: Reconnecting the Brain and the Body*, which featured the release of a new report by Milliman Actuaries outlining the economic impact of effective integration of medical and behavioral health services.

The report outlines potential cost savings of $26-48 billion annually in general medical care through effective integration of medical and behavioral health services. It also found that under the current model of fragmented care, people with treated mental illnesses, including substance use disorders, have general health care costs that are two-to-three times higher than those without a mental disorder, pointing to an opportunity for potential cost savings with improved clinical care programs.

See the report's key findings>>
See News Coverage of Integrated Care>>

NC Center for Public Policy Research: Evaluating the Use of Telepsychiatry for Rural Mental Health Services

The NC Center for Public Policy Research recently released its evaluation of telepsychiatry in North Carolina. Throughout the publication, NCPA's members and staff are represented and quoted. The NCCPPR’s report discusses the promise and potential issues surrounding telepsychiatry:

"Evaluating mental health care in rural areas of North Carolina has never been easy. Twenty-eight counties across the state do not have a psychiatrist, leading many people to seek treatment in their local hospital emergency rooms. In a new study released today, the N.C. Center for Public Policy Research says telepsychiatry may provide a solution to this problem. Its research on the use of telepsychiatry so far in North Carolina shows that patients spend less time waiting in hospital emergency rooms and have a lower likelihood of returning for treatment. The study also found fewer involuntary commitments to state psychiatric hospitals and high satisfaction for telepsychiatry patients.

Telepsychiatry is part of a growing national trend called telemedicine, in which physicians can see patients from remote locations using secure video and audio-streaming technology called videoconferencing."

Read more>>
NCPA’s April 1 Blog Post on Telepsychiatry>>

Annual Dues Deadline Approaching

Have you paid your dues yet? APA and NCPA membership dues need to be received by June 30, 2014 to avoid a lapse in membership. Both the APA and NCPA work to represent you and the profession every day at the national and state level, and we value your membership in our organization.

Membership in NCPA provides you with exclusive access to our Members-Only Online Resources and these other Member Benefits. Also, if you’re attending the APA meeting in New York City later this summer, your membership status must be up-to-date to receive the discounted registration fees. The APA will accept dues payments in the following ways:

1. You may call the APA Answer Center at (888) 357-7924; they will be happy to take your payment over the phone with a credit card.

2. You may pay your dues online by visiting the APA website at www.psych.org. Click on "Pay Dues Online" on the left menu bar and use your member’s corner login.

3. You may send a check to the following address: American Psychiatric Association, 1000 Wilson Blvd., #1825, Arlington, VA 22209. Be sure to include your membership ID # (number) on your check. Call the APA Answer Center (888) 357-7924 if you need the amount.

NCTracks Update (For Physicians who Accept Medicaid)

Another NCTracks Update has been posted to the NCPA Blog. Click here to read the update.

Job Postings Available Online!

NCPA continues to have new jobs posted on the Job Postings & Classified Advertisements page. For more information about advertising with NCPA, including member discounts, please contact us.

Also, if you have had success using our Job Postings & Classified Advertisements page—either as a job seeker or employer— we would love to hear about your experience! Please contact us.

Calendar of Events

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<thead>
<tr>
<th>Health Care Delivery System Committee Meeting</th>
<th>NCPA Disaster Committee Meeting</th>
<th>167th APA Annual Meeting</th>
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<tbody>
<tr>
<td>April 25, 11:00 am</td>
<td>April 28, 11:00 am</td>
<td>May 2-7</td>
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**Meeting**

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<th>Date</th>
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<tr>
<td>April 22</td>
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<tr>
<td>April 25</td>
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<tr>
<td>May 3-7</td>
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